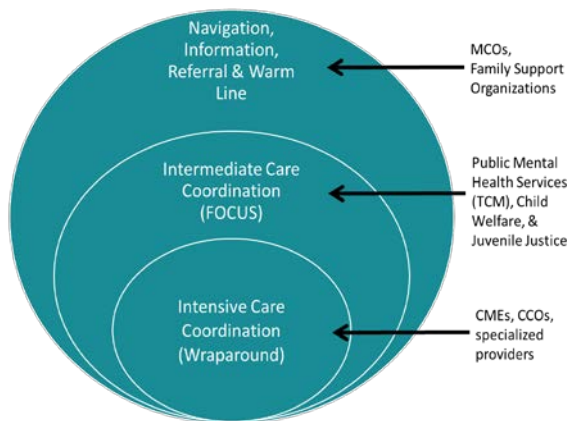


FOCUS

FOCUS was designed to support decreased system involvement while working to build connections and supports for families through community-based resources. FOCUS was created to modernize traditional case management models and operationalize values within a System of Care framework for youth with lesser or intermediate complexity of needs. FOCUS is an intermediate care coordination model based on a 3-tier system that includes intensive care coordination (aka Wraparound), intermediate care coordination (aka FOCUS), and navigation (information, warm referrals and handoffs).



Intended Population:

FOCUS is intended for youth with lesser complex needs, who are system involved, at risk of deeper or multi-system involvement, and whose challenges exceed the resources of a single organization.

Most person-centered practice models adhere to a set of values and principles associated to the work. These 4 components are the grounding force behind the evidence-based component of FOCUS.

Key Components	
<i>Individualized</i>	<i>Comprehensive</i>
<i>Accountable</i>	<i>Family Anchored</i>

F.O.C.U.S.

Families are experiencing meaningful connections - *positive relationships are necessary for healing*

Outcomes – *are things getting better*

Coordination – *Is everyone working together toward a common goal*

Unconditional Positive Regard – *genuine acceptance no matter what*

Short-Term process – *working to build community resources with a commitment to empowerment and sustainability with minimal system reliance*

The FOCUS Training series includes:

Introduction to Intermediate Care Coordination: (2-day)

Provided for all staff expected to implement or supervise Intermediate Care Coordination activities. Through attendance at this training, participants will be able to:

- *Gain an understanding of the critical components of the care coordination process to provide quality support and connections for families*
- *Practice the steps of the process to include: clear identification and understanding of the reason for referral and target behaviors for change; identifying relevant supports and resources the family has utilized or leaned on in the past; eliciting strengths about the family; identifying factors that contribute to the behaviors placing the youth at risk or causing strain for the family; and establishing a vision of where the family hopes to be at the end of service.*

Engagement in the Care Coordination Process: (1-day)

Provided for all staff expected to implement or supervise Intermediate Care Coordination activities. Through attendance at this training, participants will be able to:

- *Identify barriers to engagement*
- *Develop skills around engaging the family and relevant supports and resources*
- *Utilize research-based strategies of engagement for increased positive outcomes for youth and their families*

Crisis Response and Planning in the Care Coordination Process: (1-day)

Provided for all staff expected to implement or supervise Intermediate Care Coordination activities. Through attendance at this training, participants will be able to:

- *Develop an understanding of the critical components of a crisis and safety plan*
- *Understand what defines a crisis or safety issue within intermediate care coordination*
- *Practice creating a crisis plan that is useful to families*