

### Natural Supports-Do They Really Need to be Involved in Wraparound?

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### Learning Objectives

#### Participants will:

- 1. Explore how to listen for and identify natural supports
- Practice approaches to build family buy-in to include natural supports
- 3. Learn how to engage natural support and keep them engaged

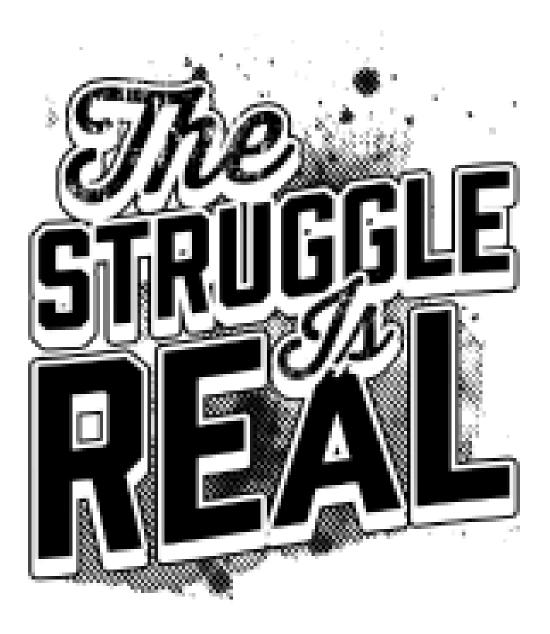




### Principles of Wraparound Individualized Outcome-Based Strengths-Based Family Team-Based **Natural Supports** Voice & Choice Culturally Collaboration Competent Unconditional Community-Based Care **NWIA** Exercise 1: Operationalizing the Principles



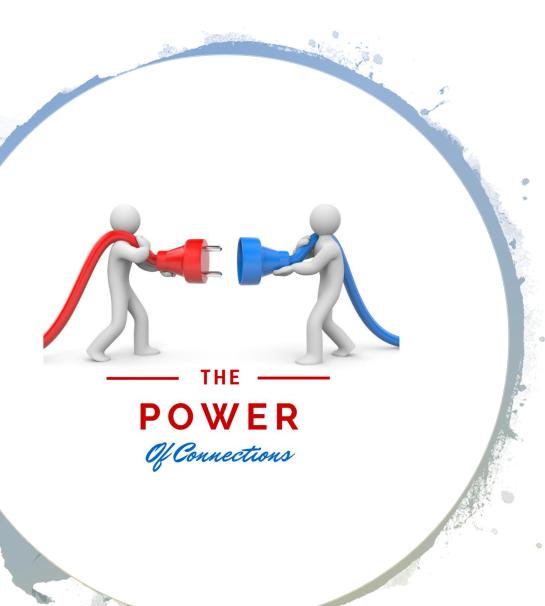
Whose job it is to find and engage natural supports?



- 45% listen to the family story with a focus on identifying potential team members, including informal supports.
- •26% reach agreement with families about including all of the important people in the family's life in the process.
- •16% can describe Wraparound and motivate others, including informal supports, to participate in the process.
- •15% can link assess and link sustainable team and community strengths in the planning process.
- •24% ability to cultivate action and commitment from each team member.
- •9% increase team membership overtime to foster sustainable support post Wraparound.

"A higher percentage of natural supports at meetings was associated with better youth outcomes."





# Why are natural supports essential in Wraparound?

- Resilience and natural supports go hand in hand.
- Natural supports build a quality of life
- They are there long term





## How do we find Natural Supports?

Listen for those people that helped that family through tough times.



### SUPPORT...

is vital to your

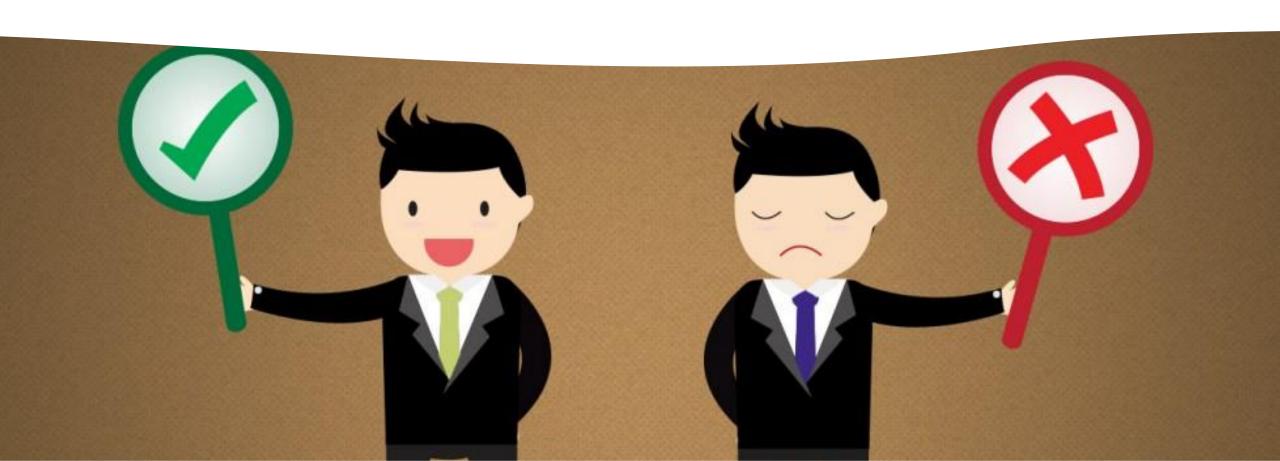
wellbeing and Happiness

How do you build buy-in from the family?

### How do you get them to come?

#### Things to consider....

- Method of invitation
- Tone of the invitation
- What information do they need to know
- What's their buy-in



What might be happening if natural supports stop coming to meetings?





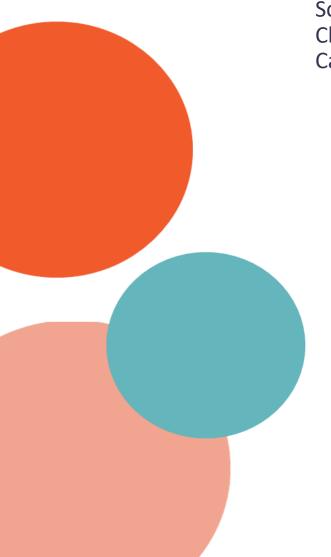








#### References



Schreier, A., Horwitz, M., Marshall, T., Bracey, J., Cummins, M., & Kaufman, J. S. (2019). Child and Family Team Meeting Characteristics and Outcomes in a Statewide System of Care. *American Journal of Community Psychology, 63*, (3/4), 487–498.

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