



National
Wraparound
Implementation
Center

Advancing Systems ◦ Enhancing the Workforce ◦ Improving Outcomes

Core Training Course Descriptions

*Online trainings are available online at <https://theinstitute.umaryland.edu/training> under online training and the category of Wraparound.

*System of Care Overview

This training is designed to guide participants through the basic components of a strategic framework for building systems of care as described in *Building Systems of Care: A Primer* (2nd edition). In addition, participants will learn how to implement effective processes and key functions required in a system of care (SOC) and how to infuse core values into these processes and functions. This is a pre-requisite to attending the Introduction to Wraparound training.

*Introduction to Wraparound Brief Overview

The purpose of the Introduction to Wraparound Brief Overview online training is to provide basic information regarding a wraparound approach to serving and supporting families with children and adolescents with emotional and behavioral health challenges to state stakeholders, child-serving agencies, providers, organizations, families, and youth. This is a pre-requisite to attending the Introduction to Wraparound training.

Introduction to Wraparound (3-day)

First training of the series for frontline wraparound practitioners, supervisors, and directors as well as community partners who may participate in a child and family team process. Through attendance at this training, participants will be able to:

- Gain an understanding of the critical components of the wraparound process in order to provide high fidelity wraparound practice
- Practice these steps of the process to include eliciting the family story from multiple perspectives, reframing the family story from a strengths perspective, identifying functional strengths, developing vision statements, team missions, identifying needs, establishing outcomes, brainstorming strategies, and creating a plan of care and crisis plan that represents the work of the team and learn basic facilitation skills for running a wraparound team meeting.

Engagement in the Wraparound Process (1-day)

Second training in the series for frontline wraparound practitioners, supervisors, and directors as well as community partners who may participate in a child and family team process. Through attendance at this training, participants will be able to:

- Identify barriers to engagement
- Develop skills around engaging team members and the family
- Utilize research-based strategies of engagement for increased positive outcomes for youth and their families

Intermediate Wraparound: Improving Wraparound Practice (2-day)

Third training in the series for frontline wraparound practitioners, supervisors, and directors to enhance their skills and move toward higher quality practice. Common implementation challenges are addressed in this training; however, topics can be adjusted based on individual, organizational, or state need. Through attendance at this training, participants will be able to:

- Practice and utilize tools in telling and reframing the family story
- Pull out specific and individualized functional strengths for use in the planning process Identify underlying needs of the youth and caregiver
- Practice developing outcome statements and strategies that tie back to the reason for referral and address underlying needs moving the family closer to attaining their vision

Advancing Wraparound Practice: Supervision and Managing to Quality (2-day for supervisors only)

Provided for supervisors/managers in wraparound. Through attendance at this training, participants will be able to:

- Identify the essential elements of quality wraparound implementation
- Develop an increased understanding of the role of the supervisor in quality wraparound implementation
- Learn how to manage quality throughout the phases of wraparound implementation
- Learn how to utilize supportive tools to develop quality wraparound practitioners, individualized and strength-based service plans, and team processes
- Learn how to transfer knowledge and skills to the workforce

Introduction to Training and Coaching Tools (1-day for supervisors/coaches only)

Provided for local coaches in wraparound. Through attendance at this training, participants will be able to:

- Identify the tools necessary to support quality wraparound implementation
- Develop an increased understanding of the role of the local coach
- Learn how and when to utilize coaching tools to support quality wraparound practitioners, individualized and strength-based service plans, and team processes

